

NAVJIVAN VADIL KENDRA
EXECUTIVE COMMITTEE'S REPORT
31 DECEMBER 2007

Charity Number 1121930

MEMBERS OF EXECUTIVE COMMITTEE AND PROFESSIONAL ADVISERS

Registered charity name	Navjivan Vadil Kendra	
Charity number	1121930	
Registered office	32 Adelaide Close Stanmore Middlesex HA7 3EN	
Charity's principal address (For weekly meetings)	SAYER CENTRE Oxgate Lane Cricklewood London NW2 7JN	
The Executive Committee	Mr Pranal V Parekh	- President
	Mr Mahendra P Kothary	- Vice President
	Mr Jayant U Doshi	- Secretary
	Mr Baburai T Shah	- Treasurer (from 10.1.08)
	Mr Himatlal Mehta	- Joint Treasurer
	Mr Indrakant Bakhai	
	Mr Surendra D Mehta	
	Mr Navnitlal Shah	
	Mrs Nayantika J Shah	
	Mrs Jasvanti D Sheth	
	Mr Jayantilal D Sheth	
Independent Reviewer	CHJ Certified Accountants 34 Longcroft Road Edgware Middlesex HA8 6RR	
Bankers	Barclays Bank PLC Account No 13845567 Sort Code 20-92-60	

EXECUTIVE COMMITTEE'S REPORT

The executive committee, who are also trustees for the purposes of Charity law, present their report of the charity for the year ended 31 December 2007.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and administrative details are shown in the schedule of members of the executive committee and professional advisers on page 1.

THE EXECUTIVE COMMITTEE

The Kendra was launched on 5th January 2007 with an initial membership of 25. Its first executive committee was elected for a two year term on 25 January 2007. The committee members who served throughout the current year are set out on page 1. Mr Jayantilal D Sheth resigned as treasurer on 10 January 2008 and Mr Baburai T Shah was appointed in his place from that date. Mr Sheth continues as committee member.

STRUCTURE, GOVERNANCE AND MANAGEMENT***LEGAL AND ADMINISTRATIVE INFORMATION***

Navjivan Vadil Kendra (Registered Charity No: 1121930) was formed on 5 January 2007. Its Constitution was approved by the members on 25 January 2007 and it obtained the Charity status on 13 December 2007. The Charity operates throughout England and Wales.

ORGANISATIONAL STRUCTURE

Executive Committee

The members of the executive committee, who are the Charity Trustees for the purpose of the Charities Act 1993, conduct the day-to-day running of the Kendra. The members elected the Committee for a two-year term at the Kendra's first General Meeting held on 5 January 2007. Accordingly, there will be no election at the AGM on 6 March 2008.

RISK MANAGEMENT POLICY

Project commitments are made as and when adequate funds are available. Some fund raising activities took place during the current year and further ones are planned during the course of next year to ensure that there is no material risk of incurring a deficit and that such activities are within the scope of the charitable objectives of the organisation.

OBJECTIVES, ACTIVITIES AND ACHIEVEMENTS***OBJECTIVES***

The primary objective of the Kendra is improvement of quality of life of elderly people and bring greater health consciousness among them. With this overall objective in mind, the Executive Committee is responsible for:

1. organising meetings, classes, group activities and social events for elderly and retired members of the local community;
2. providing information, assistance, counselling and interpretation services for the members;
3. promoting social and cultural activities;
4. working towards better understanding within the community by providing facilities for the elderly, lonely and disadvantaged members of the local community;
5. helping members who have language difficulties.
6. taking members to cultural shows and visit places of interest such as museums and exhibitions.

EXECUTIVE COMMITTEE'S REPORT***ACTIVITIES AND ACHIEVEMENTS:***

The following activities were undertaken by the Kendra during the year:

- Jayant Doshi sponsored his trek to Makalu, and raised £3293.17.
- Yoga lessons were started from January, and when Dipak Jashapara started the classes, the time was increased to two hours and number of participants increased significantly.
- The first issue of the monthly newsletter was published in July 2007.
- Our very first outing took place on 10 July when we visited V & A Museum, and our own Dr. Harshad Sanghrajka gave members a historical background to Hindu and Jain artifacts in the Museum.
- In August the Kendra got the first grant for £7,200.00 to be spent over the next 12 months.
- Our second outing took place on 8 August when two full coaches were taken to Balaji and Laxmi Narayan Temples in Birmingham, and the Cathedral in Coventry.
- In September the Kendra got its second grant for £11,000.00 to be spent over 24 months.
- Our next outing was to Brighton on 25 September (two full coaches) where the highlight was yoga session on the sea front.
- Diwali Lunch: Kendra's very first Diwali Lunch was held on 8th November. This was attended by some 125 members and guests. There was a game of Bingo after lunch. A New Year party has been organised for 3rd January.
- Our last outing of the year was on 11 November to Anoopam Mission in Denham, Jalaram Temple and Jain Derasar in Leicester where 20-year anniversary was being celebrated. Two full coaches also enjoyed this trip.
- In November, the Kendra got its third grant for £2,000.00.
- Six day Yoga Retreat in Henley-on-Thames was the most ambitious and a major project undertaken by the Kendra. Forty two participants spent the time doing yoga exercises, learning to eat healthy food, and enjoyed the massages. The Retreat was so successful that we are being inundated with request for a repeat of the same.
- On 13 December, the Kendra officially got its charity registration. Kendra's membership at the end of year was 157.

FINANCIAL REVIEW***FINANCE AND ACCOUNTS***

The Income and Expenditure Account and Balance Sheet of the Charity for the year ended 31 December 2007 are attached. The Main sources of income are:

- a) Membership fees and lunch contributions from the members
- b) Grants received
- c) Lunch sponsorship
- d) Sponsored trekking undertaken by Jayantibhai Doshi, our Secretary
- e) Yoga fees (up to 30 September 2007)
- f) General donations from members

RESPONSIBILITIES OF THE EXECUTIVE COMMITTEE IN RESPECT OF ITS ANNUAL REPORT AND FINANCIAL STATEMENT

Under charity law, the Executive Committee is responsible for preparing its Annual Report and the financial statements for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of income over expenditure for that period.

In preparing these financial statements, generally accepted accounting practice entails that the Executive Committee:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether the recommendations of the Statement of Recommended Practice have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

EXECUTIVE COMMITTEE'S REPORT

The Executive Committee is required to act in accordance with the constitution of the charity, within the framework of trust law. It is responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the Executive Committee to ensure that, where any statements of accounts are prepared by it under section 42(1) of the Charities Act 1993, those statements of accounts comply with the requirements of regulations under that provision. The Committee has general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

RESERVES POLICY

Bearing in mind the aims and objects of the Charity, the Executive Committee ensure that unrestricted funds are not invested in fixed and long-term assets, which would stall the progress of the activities. The Executive Committee together with the treasurer regularly monitor the situation from time to time for any unenvisioned event and ensure that there are adequate free reserves available for the general purpose of the Charity

INVESTMENT POWERS AND RESTRICTIONS

The Kendra does not hold funds on behalf of others. Its Executive Committee is empowered to invest prudently the Kendra's surplus cash with a view to secure maximum return.

PLANS FOR FUTURE PERIODS

With members' support, the Kendra hopes to organise at least six outings, yoga retreat and two parties during 2008.

INDEPENDENT REVIEWER

During the year, CHJ, Certified Accountants were appointed as Kendra's first Independent Reviewer. A resolution to re-appoint CHJ as Independent Reviewer for the ensuing year will be proposed at the Annual General Meeting to be held on 6 March 2008.

DECLARATION

The Committee approved this report on 6 March 2008.

Registered Office: 32 Adelaide Close Stanmore Middlesex HA7 3EN		Signed by order of the Executive Committee MR JAYANT U DOSHI Secretary 6 March 2008
---	--	---