

Secretary's Report - 2017

Another year has gone by. NVK has just completed 11 years of existence and we have changed lives of so many of our members. As we live longer and longer it is important that we keep active and healthy and do not become a burden on family or society or the government. Looking at our membership, and the long waiting list, we can say that we need such grouping and activity to keep ourselves active. Presence of between 200 to 250 members every week shows how much members enjoy coming here and taking part in our activities.

2017 was a landmark year in the history of NVK and was marked by two major celebrations. We celebrated our 10th Anniversary with a wonderful program in February at the VIP Lounge. And as members enjoyed that and they requested us to do more such programs. We had another such program to celebrate Diwali. Members enjoyed this so much that we have decided to make that an annual event.

Our day trips do not seem to be that frequent, partly due to weather and partly because of too many other programs. We did the Potters Resort for the fifth time, and we did two trips to Wales. We hope to arrange more of such trips in the future also. On the overseas trips we did a trip to Croatia and a cruise through Panama Canal. This year we have planned a mystery trip where 159 members and guests are taking part and would be the biggest trip arranged by us. Later we are doing Lake District. I am also hoping to do Bhutan later in the year. Many of our members have the means to travel but are not at ease arranging a trip or go on their own. NVK aims to help and encourage such members to travel and that is why every time a trip is completed I am always asked "where next?"

Our yoga sessions are still most popular with members and we are thankful to Manishaben for giving us such wonderful and varied yoga sessions week after week. Morning walks have become regular activity and is encouraging that quite a few members come early and walk with friends. Another addition to our activities has been visits to care homes and entertaining the residents. Our visits last year were so successful and appreciated by residents of care homes we visited that from this year we have planned that as a regular activity. Purnimaben helped by other members has taken responsibility for this and we appreciate her great efforts.

I would like to take this opportunity to thank the following:

1. Management and staff of Sattavis Pattidar Centre for providing us all the facilities and for the cooperation we get from their staff.
2. Meera Catering whose delicious lunch every week, their generosity and kind heartedness has made our NVK what it is today. I do not have words to describe

our appreciation. I wish to thank Narendrabhai of Meera Catering from the bottom of my heart.

3. Manisha Wala whose yoga sessions are the cornerstone of our activities, and the foundation of our success. Her yoga sessions have helped us to achieve our aim to a great extent. Manisha will complete 10 years at NVK in July this year.
4. What makes me proud – what makes us all proud - are our volunteers. I do not have words to describe their contribution to our work and progress. I will ask everyone to stand up and show their appreciation.
5. Support from the committee is wonderful and anytime I need any help or have asked anyone to do something, I have always received help with a smile. It will be wrong for me to talk of anyone individually, but I can say with pride that each and every committee member fulfil their tasks with diligence, and each one contributes in one way or other in fulfilling our aims and in day to day management of this wonderful organisation. I am proud of each and every member of the committee.
 - Our weekly announcements are well prepared and then distributed to all members keeping them well informed.
 - Our monthly newsletter is a backbone of NVK and I have been relieved of the responsibility and am pleased that it is still published regularly.
 - Photographs of various activities are taken regularly and uploaded on the website and thereby creating an up to date record of all our activities.
 - Our accounts are well kept and managed and presented annually.
 - Our entertainment programs are the backbone of our activities – and the variety and quality of programs is something we could be proud of.
6. I met Vinodbhai Parekh first time at a day trip in 2008 and I saw someone who was working sincerely. I decided there and then to take on the committee. My judgement was right. Ever since that time we have worked closely and with lot of understanding. His work is always done with lot of thought and dedication. Now that he has been president for one year, our relationship and working together has got even better. My gratitude goes to him for treating me with so much respect and trust.
7. While Baburay Shah or BT as he is known stepped down as President his support and advice when required have been invaluable since the inception of NVK – specially for me. I really appreciate his advice and support and hope he will continue to serve NVK as always. Ever since the formation of NVK, BT has been a pillar of support for me, handling things which I did not have time for or could not do, and support me with suggestions and advice at all times. I really appreciate his support.
8. My thanks also go to you all the members. Your participation enthusiastically in our activities gives us encouragement and prompts us to do more for you all.

9. And last, but not least, my thanks go to my wife Rama who has always supported me in my work.

We had a visit from Tricycle Theatre in Kilburn and they were very impressed by our organisation, presence of so many members and enthusiasm of their participation in our activities. I am glad to inform you all that we are likely to have more cooperation with them and are likely to arrange a visit to the theatre in the near future.

I am hoping that as long as my health permits I will continue doing work for the betterment of the members of Navjivan Vadil Kendra. As I have said before also if any member needs help making a will, or power of attorney or any other assistance then please feel free to contact me.

12th April 2018

Jayant Doshi
Secretary
Navjivan Vadil Kendra