



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 9. Vol-10 (October, 2015)

The Queen's Award
for Voluntary Services

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE
Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings



www.nvk.org.uk

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Jasuben Sheth

Committee

Indrakant Bakhai
Dr Vinod Kapashi
Pragna Mandalia
Rama Doshi
Jaykumar Shah
Ella Shah

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of some one dear? Then **Sponsor** a lunch for **£251.00**. 10 guests allowed.

Michchhami Dukkadam!

*to forget and to forgive.
There are times in life,
when we do or say things,
which cause pain to our loved ones.
So if we have ever done such a thing,*

*by
thoughts, words and actions
knowingly or unknowingly,*

*We are really sorry for all our mistakes and
We beg your forgiveness from the bottom of our hearts.*

From Members of the committee and all volunteers.

Sponsors for September chas – Kantilal J Shah

£51.00 – from Shardaben & Indravadan Sheth on birth of a baby boy Ryan to their grand-daughter Miloni Hemal Shah on 5th August. Our best wishes.

£50.00 – from Indiraben & Dhirubhai Galani on the wedding of their daughter Zoe. Our congratulations and best wishes.

£40.00 – from Karsanbhai Bhudia on his birthday.

Lunch – on 17th September was sponsored by Surendra Mandalia on the occasion of the 80th birthday of elder brother Yashwantrai (a member of NVK and a regular volunteer). We wish him a happy birthday and many more to come.

Dance program by Harby was sponsored by Mandalia family to celebrate this birthday.

FUTURE PROGRAMS.

- On 1st October we will have music mehfil from Dharampal and Indiraji accompanied by a dancer.
- During Navratri and Dushera we will have ras garba after lunch.
- **DURING DIWALI WEEK** we meet on **WEDNESDAY 11th November** and on that we will have a music band with full day ras garba program.
- Manisha is going to be away most of November and December and alternate arrangements will be made for different yoga tutors.
- We have planned a full day medical program in December.
- **Before Christmas we will be meeting on 23rd December WEDNESDAY.**
- **We will be closed on 31st December.**

Programs for September

1. On 1st September members enjoyed film Humari Adhuri Kahani and lunch.
2. On 3rd September Members enjoyed a round of Whist Drive.
3. On 10th September, with the commencement of Paryushan, we had an interesting and informative talk by our Dr Harshad Sanghrajka.
4. On 17th September Yashwant Mandalia's birthday was celebrated with a dance program by Harby. Many members suggested and requested if they can have dance lessons from Harby. Besides the costs the issues are whether we can use the hall till late
5. On 24th September we had Kashyap Nayak from Patna (invited by Mahavir Foundation) who gave a short program of some songs. Our thanks to Mahavir Foundation followed by a talk on Himalayan crystal salt and what benefits it could give to health. It must be remembered that the claims have not backed by any formal testing.

MANOR HOUSE

While many members expressed interest in the trip few were prepared to commit and confirm. When we were about to cancel the trip we found a mini bus that would come within our budget and we confirmed the trip. Unfortunately soon after we confirmed the trip two members cancelled and the numbers were reduced to 12. However the group of 12 is going ahead with the trip. This six day trip is an excellent opportunity to relax and to take part in many activities and we hope the group has enjoyable trip.

FRIENDSHIP MATINEE.

As a registered charity we get a privilege of getting tickets for Friendship Matinee at Royal Albert Hall. This year the program of 50 years of music of James Bond movies attracted lot of interest. I called the box office several times and each time I was told all tickets were sold out but asked me to keep trying. When I had given up and informed all those interested that we are not getting any tickets I decided to try one more time and I was surprised to learn that we could get all the 38 tickets we had asked for. As I was going to be away to receive the tickets and distribute them, I had to make alternate arrangements.

FILM SHOWS

Our members have been enjoying Film Shows at nominal rate and followed by lunch. However we are having problems in arranging these film shows. Now the Cineworld gives us a list, and then gets approval from head office which takes time and by the time we confirm the film show the same film is being advertised on Sky TV and the response we get is poor. **So the committee has decided to suspend these film shows for the time being until we can have better arrangements.**

Membership 2016.

It is the time of the year when we have to consider renewal of the membership for the Year 2016. Many members go away to India or elsewhere during winter months and as such it is important that they know their position regards membership well in time. After lot of discussion the committee has decided as follows :

- Existing members will have up to **15th December 2015** to renew their membership.
ANNUAL FEES will be £90.00.
- Membership forms will be sent out soon. **IT IS IMPORTANT THAT YOU INFORM US IF YOU ARE NOT RENEWING YOUR MEMBERSHIP** so those on waiting list can be offered membership.

- Once we have a clear idea of how many vacancies exist **then we will start offering to those on waiting list. New members will have to pay joining fees of £35.00.**Right now we have 409 members and the committee feels that we are stretching ourselves looking after such large numbers. It has been decided to keep total figures at 400, or near enough, as decided by the committee of 2014.