



The Queen's Award

# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015  
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 3. Vol- 3 (March 2019)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

**Disclaimer:** Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

**For Photos click on:** <http://www.nvk.org.uk/galleries/all>

## JAI JINENDRA & JAI SHREE KRISHNA

Dear Vadil Members

Welcome to the month of March. Spring arrived earlier for us. We had beautiful weather towards the end of February.

### DONATIONS:

**7/02:** \***Chaos** for the month of **March** was sponsored by a non-member:

**Parin Nathoo. Kendra's** many thanks to her.

\* £51 from **Satishbhai Sanghani** on **85<sup>th</sup> birthday** which he celebrated on **10/2**. Our congratulations and Best Wishes. We pray that he will enjoy many more birthdays to come.

\***Lunch** was sponsored by **Oakdale Financial Service** courtesy of **Mr. Dipesh Shah**. Many thanks to him from Kendra.

**14/02 \*£51** from **Vinodbhai Kapashi** on the occasion of celebrating his wife **Sudhaben's birthday**. Kendra's heartiest congratulations and Best Wishes.

\***£51** from **Nitin Patel**, who celebrated his 70<sup>th</sup> birthday on 25/1. He also brought chocolates for distribution to all members

Kendra's heartiest congratulations and Best Wishes to both of them and we pray that they enjoy many more birthdays to come. Everybody joined in singing the 'Happy Birthday' song for both.

\***£19** from **Manjuben C Shah** in loving memory of her husband's 19<sup>th</sup> Tithi. May his soul rest in peace.

\***51** from **Jayesh & Rashmi Shah** in loving memory of their dear mother who was our member **Vijyaben Shah**, passed away on 5/1. Many thanks to the family and may her soul rest in peace.

\***One Box of Chocolate** donated by **Avantibhai Jasani**. Many thanks from Kendra.

**21/02: Rasilaben and Prabhudasbhai Shah** sponsored a variety of biscuits to be served at Tea Time. Many thanks to them for bringing so many packets.

**28/02: \*Mawa Penda** were distributed to members at Lunch from **Purnimaben and Mahendrabhai Mehta** to celebrate the birth of their grandson to their daughter **Puja and son in law Jayeshkumar in USA**. Our Heartiest congratulations to the grand parents and their family

\***£25** from **Hansakumari Mehta** who celebrated her 80<sup>th</sup> birthday. Heartiest congratulations and we pray that she enjoys many more birthdays to come.

### PROGRAMMES IN FEBRUARY 2019:

**7/02:** After lunch we had a talk on **Tax Efficient Investment & Estate Planning by Dipesh Shah**.

**10/02:** 24 members attended a **Seniors Lunch** hosted by **Lions club**, at Harrow leisure Centre. It was a very spectacular affair and everyone enjoyed it. Our thanks to them for inviting us.

**14/02:** After lunch we played **special Valentine Bingo games and Mahendra Vora** conducted the Bingo and all the prize winners were presented with usual prizes and also a red rose which the winner had to present to his/her spouse or friends with singing a romantic song. Many

#### Honorary

#### Patrons

Manick Choraria  
Pranlal V Parekh

#### President

Vinod Parekh  
020 8537 5592

#### Vice President

Vinod Kapashi

#### Secretary

Jayant U Doshi  
16 Haywood  
Close  
Pinner  
HA5 3LQ  
020 8954 1859

#### Joint Secretary

Jaykumar Shah

#### P.R.O.

Pratul G Shah  
pgshah42@yahoo.  
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#### Treasurer

Punam Patwa  
020 8958 2714

#### Jt Treasurer

Kishor Doshi

#### Webmaster

Chiman Sheth

#### Entertainment

Jasuben Sheth

#### Committee

Pragna Mandalia

Ella Shah

Dr Mahendra

Vora

Purnima Mehta

Hasmukh Parekh

Ashok Mehta

#### Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then **Sponsor** a lunch for **£301.00**.

10 guests allowed.

Special lunch for

**£601.00**

Valentine humorous messages and poems were also recited. Our **Vinodbhai Kapashi** also presented a rose to **Sudhaben** for her birthday.

**21/02:** After lunch **Neemaben Kakad** spoke on the subject of **Aapna Bhula padi rahela bhulkao ane Navi Pedhi je multi culture Ni che**. She read out the article she had written for Gujarat Samachar on the subject. She stated that we should try and make our children understand what is wrong and right and if they make mistakes in their lives, then to try and explain to them when they err. She also sang, and a few members gave their views on the subject. Some recited poetry and songs and **Sudhaben Kapashi** read a humorous poetry on the Mobile addiction of present day generation. **Neemaben** also presented 'Acko Macko Kareli' and some songs and a garba. Members enjoyed the programme.

**27/02:** Under our **Sewa at Care Homes**, 5 members visited **Birchwood Care Home** on Preston Hill. There were 25 residents and as usual we entertained them by singing Bhajans, narrating stories and playing a Quiz. They all enjoyed this session and sang with us as well. This was yet another successful visit, thanks to Purnima Mehta for organising this worthwhile cause.

**28/02:** After lunch **Dr. Vinodbhai Kapashi** gave a talk on the **Statue of Unity (Sardar Vallabhbhai)** in India. Vinodbhai Kapashi gave a very detailed description, with the help of slides, of the colossal statue of Indian Statesman and independence activist **Sardar Vallabhbhai Patel**, who was the first Home Minister of independent India and the chief adherent of **Mahatma Gandhi** during the non-violent Indian Independence movement. He was highly respected for his leadership in uniting the 552 princely states of India to form the single large Union of India. This is the world's tallest statue with a height of 182 meters tall and located on a river island facing the **Sardar Sarovar Dam** on river **Narmada** 100km Southeast of **Vadodra**. Everyone enjoyed this interesting talk and some were mesmerised to hear about this fascinating Historical event.

#### **PHOTOS FROM OUR GALLERIES 10/02/19 Lions Seniors Lunch**



**21/02/19 NVK**



#### **27/02/19 Sewa Care Day at Birchwood Care Home**



***Our Thanks to Michael (Tai Chi Tutor) Kumudben and Rakesh Sheth (Yoga Tutors) for taking classes while Manishben was away on holiday. Members thoroughly enjoyed their different styles.***