



The Queen's Award

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Ella Shah  
Dr Mahendra  
Vora  
Purnima Mehta  
Hasmukh Parekh  
Ashok Mehta

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£301.00**. 10 guests allowed. Special lunch for **£601.00**

# Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 13. Vol-8 (August 2018)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

**Disclaimer:** Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

**For PHOTOS please click on: [www.nvk.org.uk/galleries/all](http://www.nvk.org.uk/galleries/all)**

## JAI JINENDRA & JAI SHREE KRISHNA

### Dear Vadil Members

Welcome to August Newsletter. It's been a very hot few weeks now. Hope everyone is enjoying this hot weather. Please always carry a water bottle with you at all times and be hydrated.

### DONATIONS:

**5/07/:** \***Chaas** for the month of July was jointly sponsored by Ansuyaben Bavisha/Kokilaben Sanghrajka & Kusumben Doshi.

\***£25** from **Jasuben Mehta** on **punya tithi** of her late husband Kirtikumar. Many thanks to all the donors on behalf of Kendra.

**12/07/:** \***£75** from **Manjuben N Patwa** who celebrated her 75<sup>th</sup> birthday last Saturday. Our Heartiest congratulations to her.

\***£51** from **Champaben S Mehta** who celebrated her birthday on 10/7. Our Heartiest congratulations to her.

**19/07/:** \***Lunch** was sponsored by **Anilbhai of SkyLink Travel & Tours**. He has always been supporting Kendra and we are grateful to him. This year's tour to **Bhutan** has been arranged by his company. Many thanks to him.

\***£51** from **Jasvantiben N Shah** who celebrated her 80<sup>th</sup> birthday on 14/7. Our Heartiest Congratulations and wish her many more to come.

\***£101** from **Vinodbhai Udani**, Past President of Navnat Vanik Association of UK, who is on his regular visit from India. Many thanks from Kendra for his generosity. Kendra wish him pleasant holidays.

### PROGRAMS IN JULY 2018:

**5/07:** After lunch we had a religious talk by **Svadhyaakar Atmarpit Smrutiji** from **Shrimad Rajchandra Mission, Dharampur**.

Smrutiji gave a very interesting talk which members really enjoyed.

**12/07:** **Kaun Banenga NVK Master** was played after lunch. This was our first attempt of holding this game and proved a great success. Many members stayed to watch this game, 6 members took part and the winner (NVK Master) was **Jasuben Mehta** and the Runner up was **Jayshreeben Doshi**. Both winners were presented with trophies. Special thanks to **Jasuben Sheth** and **Dr Vinodbhai Kapashi** for organising this outstanding contest.

**19/07:** After lunch **Jasuben Mehta** conducted a quiz for the members. They all enjoyed the quiz, many thanks to Jasuben for presenting this quiz.

**26/07:** As many members were away on holiday to Isle of Wight, there was less attendance than normal. After lunch Jasuben conducted a game of Antakshri, and members enjoyed playing it.

### Welfare Day Report:

In 2017 NVK under the leadership of Pragnaben Mandalia set up a programme of care home visits to provide Seva in form of entertainment to care home residents. This was rolled out on a monthly basis. Pragnaben and her team visited Meera Care Home, Birch Wood Nursing Home. Thanks to Pragnaben for starting this wonderful project. However, in 2018 Purnima Mehta took the lead of the program. She is



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supported by Dr. Vora, Sudhaben Kapashi and three other members who are rotated. The team is made up of 6 members.

First visit - on 5 March the team visited Sancroft Care Home. The team entertained about 12 residents for one and a half hours. The theme of the activity was mother's day. After playing - pass the parcel, storytelling, garba, and a quiz the residents spoke about their memories of their own mothers. All in all our first visit was a success.

Second visit - on 8 May 2018 the team visited Sai Ram Care Home. The team entertained about 17 residents for one and a half hours. This time the theme of the activity was Qwalis. All residents enjoyed our company and were happy to join in the singing.

Third visit - on 11 July 2018 the team visited Karuna Manor Care Home. The team entertained about 20 residents for one and a half hours. The theme was a Swahili play and the usual pass the parcel, a dance and a quiz. All the residents thoroughly enjoyed our company/activities and kept revisit soon.

Purnima Mehta.

Program Coordinator.

### **Appreciation Message:**

*A big thank you message from **Macmillan***

*Thank you so much for your donation of £150.00 towards the talk you received on cancer support services and dementia. Please pass on our thanks to your members at the seminar for their kind contribution. Your generosity will support us in our aim to help everyone with cancer live life as fully as they can. Thanks to supporters like you, we can reach more people living with cancer.*

### **Isle of Wight Trip:**

On Monday **23<sup>rd</sup> July** 52 members left for the Isle of Wight trip. We left at about 11.15am from Kenton, Sainsbury's car park. All were much excited for this trip and the weather was sunny too. We reached Southampton after 3pm, and caught the ferry for Isle of Wight. We reached to our Hotel Langham Court in Shanklin. The hotel was nice and clean, we all were allocated our rooms. As everyone tired after the coach drive, we all went to our rooms to freshen up. The dinner was at 6.30pm. After dinner some went to explore the area and some played cards.

**24/07:** After breakfast left for Isle of Wight Pearl Centre, in Brighstone. The view from the back of the centre was just beautiful, and saw lots of pearl jewellery. From there we drove to Alum Bay in Needles. We took a Chair Lift to the Pebbled beach, and had a great time on the lovely Beach. We had lunch at a picnic spot than drove back to hotel. After dinner there was entertainment in the lounge and we listened to the songs and some played cards.

**25/07:** We went to Ryde Beach, which is one large expanse of sand and stretches all the way to the golden sands of Appley. After lunch we went to visit Rosemary Vineyard. As soon as we arrived we were invited to join a tour or watch a short video about the vineyard or have a taste of the wines they have on. We tasted 6 things including the excellent apple juice.

**26/07:** Today was our last excursion on the Island, so after breakfast we left for Godshill which is the quintessential English Village, and boasts some of the oldest architecture on the Isle of Wight. With its delightful medieval church, charming thatched-roofed cottages and a winding main-street lined with traditional tearooms, Godshill is as picturesque as it is popular. Visited the model village which is set in the grounds of the Old Vicarage, the Model Village in Godshill is a timeless place to escape the busy world outside. Some of us also visited All Saints Church on the Hill. Over all Isle of Wight is a beautiful place to visit and the 4 days flew so fast. Our driver Lee was very helpful and cooperative, always smiling. Thanks to **Vinodbhai Parekh** and **Jayantbhai Doshi** to arrange this trip.

**27/07:** Left the hotel at 8.35am to return back home. Arrived in London around 2.15pm.

### **UPCOMING EVENTS:**

**2/08: Bingo**

**9/08: Music by Vinod Patel**

**15/08:**

**22/08:**

**29/08:**