



The Queen's Award

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 2 Vol-2 (FEBRUARY 2019)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all

JINENDRA & JAI SHREE KRISHNA

Dear Vadil Members

Welcome to February Newsletter. So far we had a good winter, but the weather forecast for this week is snow coming our way. We urge our members to be extra careful in the snow and ice.

DONATIONS:

3/01: ***Chaos** sponsors for January was sponsored by **Navinbhai Vaid** and family. Many thanks from Kendra.

*We are pleased to announce that **NVK** has received a donation of **£1250** from **Jayantbhai Doshi**, who acted as the Tour Manager for the **Bhutan** tour last year. He donated his remuneration as manager to **NVK** as he does every time he acts as **Tour Manager**. Many thanks to him from Kendra.

10/01: * **£101** from **Dr. Ushaben Bilaney** in celebration of birth of their **twin grandchildren Ava and Noah**. NVK's Heartiest Congratulations and thanks to the family.

17/01: ***£101** from **Manharlal Mohanlal Mehta** who celebrated his **80th birthday** this month. Kendra's congratulations and thanks.

24/01: **Homemade biscuits** prepared by **Manjuben Shah** in celebration of **23rd Special Birthday of Apoorv Chauhan** which was on 29/1. Kendra's Best Wishes to Apoorv and thanks to Manjuben.

PROGRAMMES IN JANUARY 2019:

3/01: After lunch we had a programme of **Quiz** by giving the teams a Question sheet of 40 questions on **general knowledge**. Many members took part and everyone enjoyed the quiz.

10/01: After lunch we had **Antakshri** conducted by **Ellaben Shah and Ramaben Doshi**.

We had two teams playing opposite each other. Everyone enjoyed playing this by singing their old favourites.

17/01: After lunch we will had a discussion programme on the topic "WhatsApp ki Kamal ke Dhamaal".

Jasuben called up the speakers giving each 5 minutes. Many members spoke on the usefulness of WhatsApp and many stated the continuous use of WhatsApp whole day. Some gave humorous talk on the subject.

24/01: We celebrated **India's Republic Day** after lunch. **Jasuben Sheth** introduced the programme by giving details pertaining to India's independence in question and answer form. Then members spoke on the subject or sang songs. Many members had come dressed in India's Tricolour flag

31/01: **Due to Engineering work being done at Sattavis Patidar Hall, we had to cancel on this day. Instead we will meet on Friday 1st February.**

REMEMBRANCE

Honorary Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8537 5592

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
16 Haywood
Close
Pinner
HA5 3LQ
020 8954 1859

Joint Secretary

Jaykumar Shah

P.R.O.

Praful G Shah
pgshah42@yahoo.
co.uk

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Kishor Doshi

Webmaster

Chiman Sheth

Entertainment

Jasuben Sheth

Committee

Pragna Mandalia

Ella Shah

Dr Mahendra Vora

Purnima Mehta

Hasmukh Parekh

Ashok Mehta

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then **Sponsor** a lunch for **£301.00**.
10 guests allowed.
Special lunch for **£601.00**



www.nvk.org.uk

Kendra takes this opportunity to remember our members whom we lost in the last year. May their souls rest in peace? Om Shanti Shanti Shanti.....

Recycling

Thanks to Meera caterers that they have started giving us Biodegradable plates and cups. Recycling helps protect the environment. Recycling reduces the need for extracting (mining, quarrying and logging), refining and processing raw materials. All of these create substantial air and water pollution. As recycling saves **energy** it also reduces greenhouse gas **emissions**, which helps to tackle climate change.

So we are very grateful to Meera Caterers for helping us to do our bit for the Environment.

BEAUTIFUL POEM BY OUR SECRETARY JAYANTBHAI DOSHI

MY PACT WITH GOD.

By Jayant Doshi

Oh! My Lord

I make this pact with you and promise

That I will abide by the promises I am making;

In return I ask that I be freed from

The ritual of worship and praying every day.

I am grateful to thee for giving me a healthy body;

And I promise that I will look after this body the best I can,

So that I do not become a burden on thee my Lord, or others;

And if I succeed in keeping my health then I promise

That I will use that to help others who are less fortunate;

I am grateful for the intelligence and mental abilities

Thou have endowed me with;

I promise that any issues or problems I face in life

I will use thy gift to take the decisions and resolve whatever

Issues or difficulties I face and be of help to others

To the best of my ability and competence;

I promise that I will never bother thee or beg you

For help me when I am faced with difficult situations in life.

But pray that I have the courage and state of mind

To deal with such problems and take right decisions;

I promise that I will follow and live a life

As you would want me to live;

I will not blindly follow religion or rituals;

I will endeavour to understand your teachings

And practice your advice and teachings in life

Rather than constantly reciting your teachings.

*In return I ask thee to free me from practicing
The Rites and Rituals practiced by others;
Let not praying and following those rituals
Become a duty for me and burden on thee;
I wish that you give me the courage to face life,
As it comes and not to trouble thee;
I care not what becomes of me in my next life
I just want to be of help to the needy in this life.
I ask thee to give me the courage to abide by this pact,
And give me the courage to fulfil my promises.*