



The Queen's Award

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

Newsletter: Issue 17 Vol-7 (JULY 2020)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

For Photos click on: www.nvk.org.uk/galleries/all

JAI JINENDRA & JAI SHREE KRISHNA

Dear Vadil Members

Welcome to **JULY Newsletter**, and hope all of you are keeping well and safe. Due to COVID 19 we are still in the lockdown for nearly 4 months. As all of you know that now the Government has started to ease the strict rules, and from July 6th many facilities are going to be opened. But still we have to be very careful as we all come under vulnerable category. Most of us are raring to go back to our Thursday sessions, but it will still take more time for us to resume our weekly activities.

We are very grateful to our host Dr Vinod Kapashi, co-host Purnima Mehta, and Manishaben (yoga) for entertaining us on ZOOM every Thursday. Our thanks to all of them, and the volunteers and the Committee for thinking about our wellbeing during this difficult times.

DONATIONS: * £101 Khushi Bhet, from Mr. Sharad & Vanlila Mehta and family. Kendra's heartiest thanks to them and our best wishes.

PROGRAMMES IN JUNE 2020:

***£101 from an anonymous donor. Kendra's heartfelt thanks to the family.**

4/06: Morning: 170 Devices Registered. Yoga by Manishaben.

Afternoon: 120 Devices registered. We had a programme of some traditional Songs/Bhajans, organised by Dr. Kapashi. There were 13 participants, who recited their favourite song/bhajan with Diva in front of the idol. Our thanks to all the participants.

11/06: Morning: 186 Devices Registered. Yoga by Manishaben.

Afternoon: 135 Devices Registered. Dr. Kapashi had arranged for participants to sing their favourite Bollywood song and to say a few words from the film. About 15 members took part, and all enjoyed it.

18/06: Morning: 138 Devices Registered. Yoga by Jayantbhai Doshi & Dineshbhai T. Shah. Our yoga Guru Manishaben had a slight injury to her foot, so could not conduct the Yoga. We wish her a speedy recovery.

Afternoon: 128 Devices Registered. We had invited a Clinical Pharmacist, Mrs. Purvi Shah, who gave a talk on Diabetes and its effects during the Pandemic of Covid 19. It was a very interesting talk as many of our members suffer from Diabetes.

25/06: Morning: 125 Devices Registered. Yoga was conducted by Chandrikaben Bheda.

Afternoon: 170 Devices Registered. Kendra had invited Paras Malde, a very good young singer. He sang beautiful Bhajans and Bollywood songs, which everyone enjoyed thoroughly.

SAD LOSS: It is with a heavy heart and deep sadness that we inform the passing away of our member Pushpaben Mahasukhlal Patel - Age 82 on 11th June 2020. She had been our member since 2009. We pray to god that her soul rest in peace and give strength to her family on their sad loss. Om Shanti Om.

Honorary

Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8907 1331

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
16 Haywood

Close

Pinner

HA5 3LQ

020 8954 1859

Joint Secretary

Purnima Mehta

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Kishor Doshi

P.R.O.

Pratul G. Shah
pgshah42@yahoo.co.uk

Webmaster

Chiman Sheth

Entertainment

Vinod Kapashi

Committee

Ella Shah

Dr Mahendra

Vora

B.T. Shah

Hasmukh Parekh

Kusum Punater

Harendra

Meswani

Hasu Mandalia

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear?

Then *Sponsor* a lunch for **£350.00**. 5 guests allowed. Special lunch for **£750.00**

Guest Fee **£7.00**