



**The Queen's Award
for Voluntary Service**

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 11. Vol-9 (September 2016)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE



www.nvk.org.uk

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Jasuben Sheth

Committee

Indrakant Bakhai
Dr Vinod Kapashi
Pragna Mandalia
Rama Doshi
Jaykumar Shah
Ella Shah

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£251.00**. 10 guests allowed.

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings

DONATIONS:

- Chaas for the month of August was sponsored by Rasilaben Prabhudasbhai Shah. Many thanks to them.
- Tea & Biscuits for August was sponsored by the family of Kantaben Vaid. Many thanks to all from Kendra.
- £51 from Meenaben and Anilbhai Keshavlal Shah on the birth of their first grandson Dilan born to their son Ajul and wife Gemmini on 26/7. Kendra's heartiest congratulations and Best Wishes to all the family.
- £51 from an anonymous member who celebrated his birthday recently. Kendra's Best Wishes to him.
- On 11th August a special lunch was sponsored by Sushilaben Chhotalal Kothari to celebrate the birthday of her husband – Chhotalal Kothari. Kendra's heartiest congratulations and best wishes.
- On 18th August lunch was sponsored by Vinodbhai Udani in loving memory of his late wife – Arunaben Vinodrai Udani, Kendra's heartiest thanks and Best Wishes.
- £50 from Sushilaben and Chhotalal Kothari in celebration of the birthday of Chhotalal which he celebrated recently. Kendra's congratulations and Best Wishes to them.
- On 23rd August £25 from Kanchanben N Mehta, who celebrated her birthday on 18/8/16. Our Best wishes to her.
- £65 by Mahesh Shah to celebrate his wife –Prafulla's birthday which was on the same day. Kendra's heartiest congratulations and Best wishes.
- £31 from Meena and Nilesh Doshi from Mombasa in celebration of the birth of their grand-daughter Tishya to their daughter Chandni and Niraj Modha. Kendra's heartiest congratulations and Best Wishes to the family.

PROGRAMS IN August 2016

4th August: After lunch we played a different type of Antakshri by Dr Vinodbhai Kapashi. Three groups were formed and members enjoyed playing this new type of Antakshri. Thank you to Vinodbhai from Kendra.

11th Aug: two 'sadhvijis' from Jain Vishwa Bharti : Samani PratibhaPragyaji (PHD from School of African and Oriental Studies-SOAS and Samani Unnata Pragyaji (currently studying PHD at SOAS) gave a talk about Preksha Meditation and conducted a meditation after the talk which the members enjoyed very much.

18th August: After lunch we had programmes for Janmasthmi and RakshaBandhan. The programme was very entertaining and eye catch-

ing with members wearing colourful costumes to sing songs, garbas etc. and all the time Nutanben provided playing Tabla. Well done all the members for their talents and we wish they continue to show their talents. Our thanks to all of them.

23rd August: We had our grand full day summer musical program by Kismet Entertainment Group. There was no Yoga. The volunteers had come before 9.30am in the morning to decorate the Hall and Tables and make all the necessary arrangements. It was yet another houseful gathering with 280 members and guests in attendance.

Everyone arrived wearing smart dresses and colourful saris and then set down on the round tables which were decorated nicely. The Hall and the Stage, too, was beautifully decorated by the Ladies of Kendra. The programme started at 11.00 am and it was good to see everyone in a happy mood and enjoying the fantastic music. The unforgettable tunes from the golden era were highly applauded by all, especially the Gujarati oldies and several members joined in clapping and even singing with the melodious tunes. Many members joined in dancing and perform garbas to all their favourite tunes.

A delicious special lunch was served to all within 45 minutes. At 2.45 pm, Kesar ice cream was served to everyone.

Our Thanks:

Kendra's Heartiest thanks to all the following who decorated and sponsored:

- * Water bottles on each table by Shardaben Shah through the courtesy of her son Seju and Priti Shah.
- * Chocolates at the entrance by Rasilaben and Prabhudasbhai Shah & family.
- * Snacks during the programme by Manjuben Pindoria and family.
- * Floating Rangoli at the entrance table was arranged by Manjuben Pindoria and Floral by Meenaben Shah.

The Kendra would like to take this opportunity to thank all the volunteers for making this program so successful.

UP COMING EVENTS:

A talk by Mr Chauhan, on Raw Food Diet and its benefits.

Cricket game with a twist.

Michami Dukhdam

If knowingly, or unknowingly, if by words, action or thoughts, we have offended anyone during the past year then on behalf of all the committee members we seek your forgiveness. Michami Dukdum.

Our 10th Year Celebrations.

As announced before we are planning grand celebration of our 10th anniversary at the beginning of 2017. Amongst our plans are:

- Publication of a Souvenir. We seek your support by getting advertisement from people you know, or giving a well-wishing message.
- We ask for your contribution by way of article, poems or anything interesting to be included in the Souvenir.
- We have planned a grand day of celebration on Thursday 16th February in VIP Lounge in Edgware. There will be music program and delicious lunch. More details will be released in the near future.
- We plan to give a present to each member. If you have any suggestion please let us know.
- This is OUR celebration and any ideas will be welcome.