



The Queen's Award

Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015

Registered Charity No. 1121930

Newsletter: Issue 13. Vol-9 (SEPTEMBER 2017)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, Middx HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishaps that may occur during any of its activities/events/outings



www.nvk.org.uk

Honorary

Patrons

Manick Choraria
Pranlal V Parekh

President

Vinod Parekh
020 8537 5592

Vice President

Vinod Kapashi

Secretary

Jayant U Doshi
32 Adelaide Close
STANMORE
HA7 3EN
020 8954 1859

Joint Secretary

Jaykumar Shah

P.R.O.

Pratul G Shah

Treasurer

Punam Patwa
020 8958 2714

Jt Treasurer

Ashok Mehta

Webmaster

Chiman Sheth

Entertainment

Jasuben Sheth

Committee

Pragna Mandalia
Ella Shah
Dr Mahendra
Vora
Purnima Mehta
Hasmukh Parekh
Kishor Doshi

Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then **Sponsor** a lunch for **£301.00**. 10 guests allowed. Special lunch for **£601.00**

Dear Members,

September is upon us and here at NVK many things are happening. First of all Paryushan are just over and we ask for everyone's forgiveness.

Michchhami Dukhdam

To forget and to forgive.

There are times in life, when we do or say things, which cause pain to our loved ones.

So if we have ever done such a thing, by thoughts, words and actions knowingly or unknowingly, we are really sorry for all our mistakes and we beg your forgiveness from the bottom of our hearts.

From Members of the committee and all volunteers.



DONATIONS:

Chas for the month of August was sponsored by Vidyaben Manharlal Mehta.

3/8: Today's special lunch was sponsored by Damyantiben Bhogilal Mehta, who celebrated her 80th birthday in August.

3/8: An anonymous donor had sponsored six packets of biscuits.

9/8: £31 from an anonymous donor to celebrate the month of 'Shravan'.

17/8: £51 from Dharendra Sanghrajka who celebrated his 80th birthday today.

30/8: £10 from Chandrikaben Bheda with Best Wishes to Kendra on the wonderful activities being done for the elderly.

Many thanks from Kendra to all the above donors.

PROGRAMS IN AUGUST 2017

3rd AUGUST: After lunch Antakshri was played.

9th August: From 11.00 am to 12.30 pm we had a talk by Specialist Kidney Nurse on Live Kidney Donation at the Seminar Room, where further medical information was given to those who had shown interest in kidney donation.

After lunch Janmashtami & Raksha Bandhan were jointly celebrated. A very eye catching and colourful decoration with lights was arranged by Nimaben Kakad on a special table to celebrate the birth of Krishna. Vinodbhai Kapashi gave a short history of Krishna's birth and the ladies made a

colourful entrance singing and dancing into the Hall and performing dandias. Then followed Krishna who made an entry on a made-up chariot (acted in colourful dress by Surubhai Kakad). Many thanks to the ladies who had helped Nimaben and also for all those who had brought lovely dry fruits, etc. for 'Prasad' which was distributed at lunch time. After lunch some ladies sang songs celebrating Janmashmi and Raksha Bandhan and there was also dandia and raas. This was a wonderful programme organised by Jasuben.

14th-18th August: 46 Members went on Wales's trip. Everyone enjoyed the trip very much. Our hotel was facing the sea and the weather was very good. We had our first train ride on Ffestiniog Railway. It was a scenic 13 mile journey from the coast through the beautiful Snowdonia Mountain. One afternoon was spent on the beach. On our 4th day we went to see the Famous Electric Mountain. An amazing feat of engineering, a power station hidden inside a mountain, At Dinorwig Power Station (The Electric Mountain) water, gravity and man's ingenuity work together to produce electricity. We all had to wear hard hats on our Electric Mountain bus as we began the decent through the labyrinth of tunnels to the heart of Elidir Mountain where we saw secret sights of the power station. This is the largest man made cavern in Europe, 180 meters long, 25 meters wide and 60 meters deep. Breakfast and Dinner were served at the hotel but lunches were provided on the day trips by our dedicated volunteers with tea as well. Thank you to everyone.

17th AUGUST: After lunch today we had a talk by **Dr. Balwant Jain.** (Former Chancellor of North Gujarat Hemchandraacharya University.) Balwantbhai gave an interesting talk on general family and other matters with quotes from some of the well-known past celebrities.

24th AUGUST: As it was Paryushan there was no program.

30th AUGUST: After lunch a talk by Dr. Vinodbhai Kapashi on **Jainism** and '**Paryushan Parva**' was given. He explained in detail about why we beg for forgiveness on the last day of Paryushan.

UPCOMING EVENTS 2017

4th September: Second trip to Wales. (41 members taking part)

7th September: Vanik Association of UK will give a presentation on Care Home and Final Care.

14th September: A talk on Dementia & Depression.

Great Achievement:

We feel very proud to announce a great achievement from our member Vinodbhai Kapashi who has written a very informative book for Jains titled "JAIN DHARM: GNANSAGAR". The book in the form of 1008 questions and its answers by Vinodbhai is an excellent book with a wealth of information on various Jain topics. He has previously written 18 books. Our Heartiest congratulations and Kendra is really proud to have him as one of the committee member.

PANAMA CRUISE: Sometime in November lasting 17/18 days. A member is looking for a partner to join in the cruise. Twenty members have already booked this wonderful trip that will start from Los Angeles and finish in Miami going through one of the wonders of the world – Panama Canal. Trip starts on 9th November and we return on 27th November. If you are interested, please contact Jayantbhai Doshi – 0208 954 1859.

DIWALI DHAMAKA: In February this year we celebrated our 10th Anniversary at VIP Lounge. Many members missed it because they were away at that time. Also many members requested us that we should have more regular such programmes. We are glad to announce that we will have a similar program on **TUESDAY 24th October at VIP Lounge** (to celebrate Diwali and our 10th Anniversary.) Tickets will soon be offered to members.

Tickets for Members: £5.00 and For Guests £25.00.