



Navjivan Vadil Kendra

RECIPIENT: QUEEN'S AWARD FOR VOLUNTARY SERVICES 2015
Registered Charity No. 1121930



www.nvk.org.uk

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JAI JINENDRA & JAI SHREE KRISHNA



Dear Vadil Members,

Welcome to July Newsletter. Hope all the members are keeping well. Summer is here now and the temperatures are rising, so make the most of it.

Donations:

“Chaos” for the month of July was sponsored by MINAXIBEN ARVIND SHAH.

06/07: *£25 from Girdharbhai Sheth who celebrated his Birthday last week.

13/07: *£101 from Bhartiben & Kishorbhai Kotecha who had the honour to attend the Opening Ceremony of Jalaram Temple in Jamnagar, India. Both of them had the opportunity to be blessed.

*£101 from Nirmalaben Dhirajal Doshi on the occasion of their 62nd Wedding Anniversary.

*£80 from Manjulaben Navinchandra Patwa on celebrating her 80th Birthday and also her granddaughter Deeshaya Parag Patwa's sweet 16th Birthday.

*£25 from Urmilaben Harshadbhai Sanghrajka whose granddaughter Anmol Mehul Sanghrajka qualified as a Doctor with Degree of MBBS and Masters

20/07: *Lunch was sponsored by Sudhaben Vinodbhai Kapashi to celebrate the birthday of Dr. Vinodbhai Kapashi, OBE, on 23/07/23.

*£51 from Sushilaben Jaychand Shah as 'Khusi Bhet'.

* Homemade Biscuits from Manjulaben G Shah.

27/07: Lunch was sponsored by Ramanlal & Kantaben Mehta to celebrate the “Adhik Maas of Shravan”.

*£101 from Vinubhai Malde celebrating his 80th Birthday on 27/07.

*4 tins of Chocolates were donated by Hansaben Sanghani in memory of her late husband Harishbhai Sanghani's birthday on 27/07.

*£51 from Bhartiben Kantilal Malkan parivar on the auspicious occasion of “Purshottam Maas”.

*Music programme was sponsored by Neenaben and Anilbhai Bhuvra.

Kendra's heartiest thanks to the all the above Donors for their generosity and sharing their special occasions with us and our best wishes to them.

PROGRAMMES IN JULY 2023:

06/07: Morning yoga was conducted by Dineshbhai & Manishaben. After lunch we had invited Vinodbhai Patel who specialises in “Dairo”, “Chaand”, “Lokgeet” and “Duha” The Programme started with Dr. Vinodbhai Kapashi giving a short introduction of Vinodbhai Patel and his two assistants playing “Tabla” and “Manjira” Vinodbhai sang many tuneful “Dairo” songs and “Lokgeet” etc. Everyone enjoyed

the programme thoroughly as many members had stayed behind to listen to him.

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P.R.O.
Praful G. Shah
pgshah42@yahoo
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Lunch

Celebrating a special birthday, or wedding anniversary? Or in memory of someone dear? Then Sponsor a lunch for £501. 5 guests allowed. Special lunch for £1001. 5 guests. Guest Fee £10.00

13/07: Morning yoga was conducted by Ushaben Mehta & Manishaben. In the afternoon programme Dr. Kapashi introduced the Guests from Gujrat Samachar and the Doctors who were helping for Humanitarian and Charitable work. All of whom spoke briefly about their work. Dr. Vinodbhai Kapashi introduced Dr. Devang Shah, who then began his talk with the help of slides on screen and a Flipchart. He spoke about Human calculators based on fast and fantastic calculations techniques. He involved all members in how to perform mental computation with lightning speed. He explained how to do Mathematical problems quickly. He asked the audience to give him any several digit number to be multiplied by another several digit number and then amazed everybody by doing the 6 digits by 6 digits multiplication in 20 seconds. The answer was checked by Chimanbhai Sheth on a calculator and was found correct. Likewise he also did a long addition and gave the answer in 10 seconds.

20/07: Morning yoga was conducted by Ushaben Mehta & Manishaben. In the afternoon we had Bingo. Praful Shah was the Bingo Master and Dr Vinodbhai Kapashi joined in between with amazing questions on the numbers called. Many members gave answers and Vinodbhai Kapashi with his vast knowledge gave interesting details of the various numbers in our life, its forgotten history and its connotation with religion. Members even came to stage to sing the songs connected with the numbers. Three prizes were given and everyone had enjoyed the programme and kept on asking that they wanted to have more of this type of Bingo.

27/07: Morning yoga was conducted by Bakul Kothari & Manishaben. In the afternoon we had live Music which was sponsored by Ninaben & Anilbhai Bhuvra. The singers came and sang songs from the 'Bhuli Bishri Yaddein' - Bollywood oldies. Many members joined in singing with them or dancing near the stage. Everyone enjoyed the all-time favourite songs and praised the party for singing with their melodious voice. The music went on till 3.45 pm.

24/07-28/07: Navjivan Vadil Kendra (NVK) had organised a trip to Bournemouth and surrounding areas in Dorset. 53 people took part in this beautiful mini break from 24th to 28th July 2023. Dorset area is very beautiful and our members appreciated the clean air and meticulous planning in organising this trip. Participants enjoyed the trip and thanked the NVK president and the committee members for organising this trip. They were also thankful to the team leader and the committee members who joined the trip.

Some of the mails we received from members:

Just a short note to say that we are back from Bournemouth and had a great time. Hotel was OK but we had more than enough to eat for breakfast and dinner. It was a good change from on our normal diet. Desserts were so delicious. The coach driver was courteous, helpful with a great sense of humour. We had a full programme of sightseeing despite the unpredictable weather. All the trips there, back and the surrounding places were enjoyable with jokes, Bhajans, Bollywood songs etc. Evening entertainment was good with everyone able to do what they wanted to like playing various card games. Thank you to all of you for organising this trip Kind regards.

GAURI SHETH

*Just a little note to say we both thoroughly enjoyed holidays to Bournemouth and other places, most thrilling was boat ride to Durdle Door, hotel was nice, weather was brilliant too. Thank you for arranging such nice holidays. Overall, a very relaxing experience. Please hold future holidays.

Best regards and many thanks to you and whole of NVK team. God Bless

DHIRAJ SHAH