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Navjivan Vadil Kendra

(Monthly Newsletter)

Registered Charity No. 1121930

Newsletter: Issue 8. Vol-7 (July, 2014)

Thursday Meetings at: Sattavis Patidar Centre, Forty Avenue, Wembley, MIDDX HA9 9PE

Disclaimer: Navjivan Vadil Kendra is not liable for any personal injury, accident or mishap/s that may occur during any of its activities/events/outing.

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Committee:

Indrakant Bakhai
Dr Vinod Kapashi
Pragna Mandalia
Hasmukh Parekh
Jaykumar Shah
Ella Shah

Lunch

Celebrating a special birthday, or wedding anniversary! Or in memory of some one dear! Then **Sponsor** a lunch for **£251.00**.

Guest Members:

£5.00 is payable by guests.

Sponsors :

Chas : Chas for the month of July is sponsored by Bhartiben Malkan in memory of late Kantibhai Malkan.

Tea & Biscuits : Biscuits received from Kundanbala Shah, Kantaben Shah, and Chandrakala & Bachubhai Mehta.

FROM July we will be taking sponsors for tea & Biscuits.

LUNCH : Lunch on 19th June was sponsored by Anil Bhagi of Skylink Travels & Tours. We have arranged Turkey tour with that company.

Donations :

- **£21.00** from Premlataben Parekh on her 92nd birthday and 4 days of fasting. We wish her a happy birthday and many more to come.
- **£51.00** from Manjulaben Shah on 91st birthday of her husband Himatlal Shah (16th June). We wish him a happy birthday and many more to come.
- **£51.00** from Suru & Nimaben Kakad who celebrate Nimaben's birthday (10th June), wedding anniversary (20th June) and for renewing wedding vows on 2nd July. Our congratulations and best wishes.
- **£50.00** from Champaben Mehta on the tithi of her late husband Shantilal Mehta.
- Thanks and our best wishes.

Programs for June

1. On 5th June there was an interesting debate on "Parnela Sukhi Ke Kuwara" (Are married happy or unmarried) and many members took part in this interesting debate.
2. On 10th June 25 members went to the City to go up onto top of the tallest building in London "The Shard" and then walked around in the Borough Market. It was an enjoyable day for all.
3. On 12th June we had Shailesh Sagar from India who gave a fascinating and interesting humorous and literary talk for one hour fifteen minutes non-stop and kept the audience engrossed in his command over Gujarati language and ability to talk without any notes or interruptions.
4. On 17th June we had our first day trip to Beaconsot with its Model Village and a stopover at Anupam Mission on our way back. It was a hot sunny day and a good outing which members enjoyed.
5. On 19th June plan to show a video was cancelled because of some technical problems.
6. On 22nd June 26 members embark on a cruise on Queen Victoria to Iceland. We wish them a wonderful journey.
7. On 26th June we had a slide presentation by Jayant Patel reflecting vegetarian food v/s effect on meat industry. This presentation was quite an eye opener.

Trip to Turkey

One week trip to Turkey is common but we have planned a 12 day trip to cover all the interesting sites in Turkey. We go once only to visit a country and it is best to see all that is worth seeing. Based on this, 12 day trip to Turkey has tried to cover all the interesting sites in the country. While breakfast and lunch will be provided at hotels, for lunch we will carry some dry food items from here and arrange for lunch on the way. Price for the 12 day trip (including flights) is £910.00 for members of NVK and £925.00 for non-members. Participants will have to make their way to the airport. This remains to be finalised .

BOWLING

We have found a good Bowling Club and soon those who are interested will start learning the game. Already 15 members have shown keen interest and hopefully in future more members will join in this wonderful pastime. More details can be obtained from our secretary Jayant Doshi on jayubhai@btinternet.com.

Programs for July :

1. On 3rd July there will be a talk by Swami Parmatmanand Saraswatiji.
2. On 10th July there will be a talk by Bhadra Vadgama.
3. On 17th July we will have a full day Musical Program with special lunch.

Mid Summer Music Mehfil

We are having a music Mehfil with sit down lunch on 17th July. For administrative purposes we ask members to buy tickets in advance (£1.00 for members and £10.00 for guests). To organise and to cater for all those who are coming this is the best way of controlling numbers. **Please do not embarrass us at the last minute. Buy your tickets now.**

Some members question this policy. When a program is free it is human nature to put down the name even if they are not sure if they will be coming. Also when we set up tables we need to know exact number of those expected to come. **£1.00 is a small amount. Please accept and follow what the committee feels is the best way of arranging such a program/s.**

Yoga Retreat

Four day yoga retreat is being planned for July/August on a beautiful island off Scotland leaving London on a Thursday at about 10.00pm and returning on Sunday. More details can be obtained from our Secretary, Jayant Doshi on jayubhai@btinternet.com

ENJOY SUMMERY WEATHER AS LONG AS YOU CAN